

ROCK SOLID Truth
P.O. Box 804
Moline, IL 61265-0804
www.rocksolidtruth.com

ROCK SOLID Truth

2007

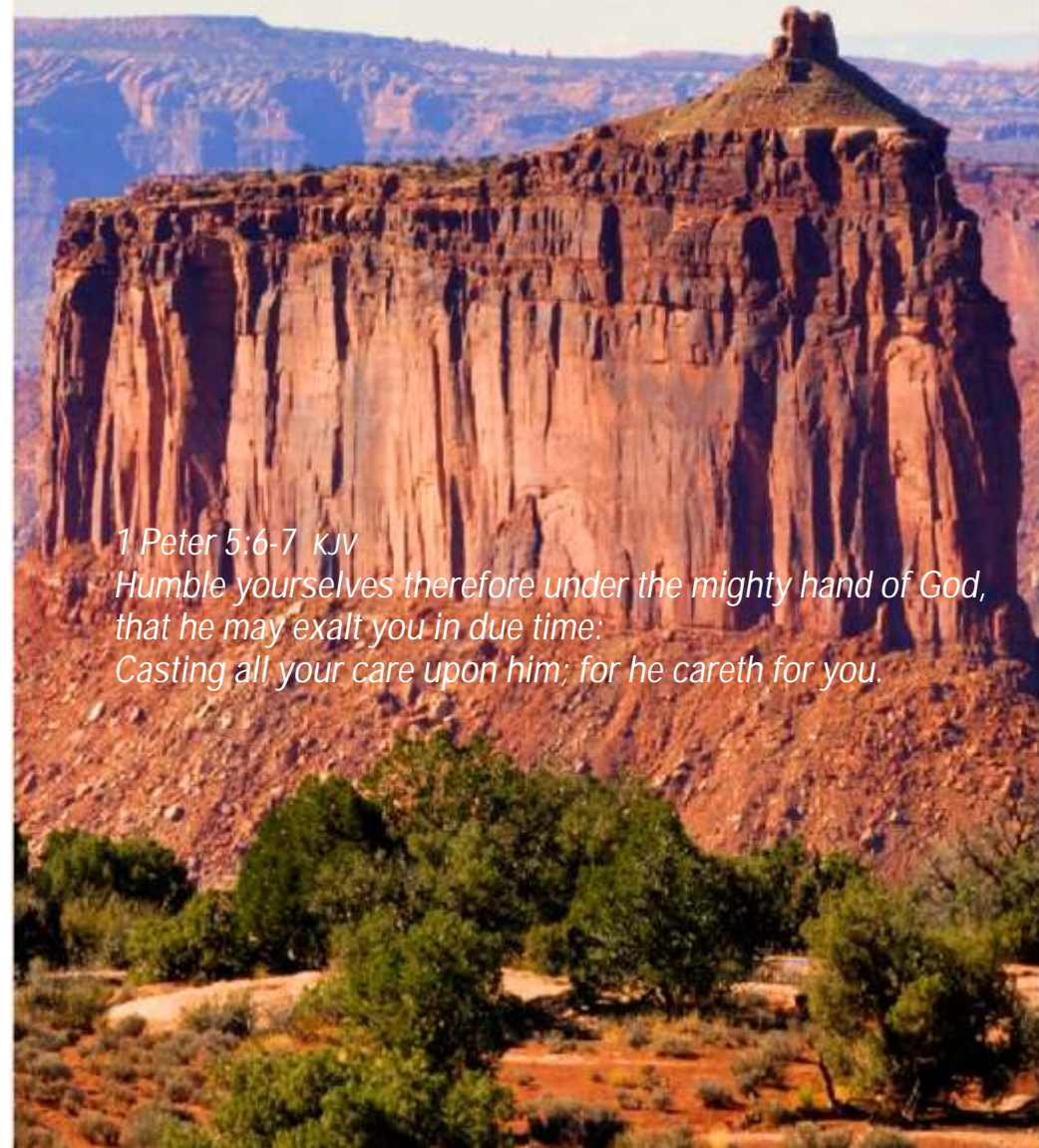
Learning to Cast All Your Cares Upon Him

Part 1 in the Series

1 Peter 5:6-7 KJV

*Humble yourselves therefore under the mighty hand of God,
that he may exalt you in due time:*

Casting all your care upon him; for he careth for you.



Learning to Cast All Your Cares Upon Him

Part 1 in the Series

1 Peter 5:6-7

Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time:

Casting all your care upon him; for he careth for you.

A) Taught Not Caught

Casting all your care upon him is something that doesn't come easy to the average Child of God. Though it is not natural for the human nature to do these things, it should be as natural as breathing. Let me explain.

Casting your care(s) is not natural, it is a supernatural behavior. It resides within the newborn nature of a born again believer. The old nature wants to withdraw, or to hide. It is frightened at the prospect of exposing itself, or relinquishing something. Doing so admits that it is weak and vulnerable. For the new nature to begin to walk in this newness and the freedom that comes from casting our cares on God, they need insight. In other words, it needs to be taught and not caught.

The reason that it needs to be taught is because learning to *cast all of your care upon him* means relinquishing who you are, completely, all of your love and all that you care passionately about, upon someone else, though it is God himself, who we really have not learned to trust with such precious cargo as this. We have not learned, nor believed that he can or does care as much about these things as we do.

B) Difficulties & Trials

Haven't we all experienced difficult and trying times along the paths of life? Weren't there trials and tribulations and heartaches at every turn? They are all a part of living in this world. Maybe you feel that it is even magnified ten fold in your life. One of the lyrics of this song expresses it well, "nobody knows the trouble I've seen, nobody know my sorrow."

Let us learn something from the word of God. Hear these words

and hold them precious within your heart as the Lord Jesus Christ gives us instruction concerning those difficult times.

John 16:33 KJV

These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world.

2 Timothy 3:12 KJV

Yea, and all that will live godly in Christ Jesus shall suffer persecution.

Acts 14:22 KJV

Confirming the souls of the disciples, and exhorting them to continue in the faith, and that we must through much tribulation enter into the kingdom of God.

Though we have trials and tribulations and difficult times and it seems as though all of hell is assailing itself against us, look up. Though we are caught in the middle of our natural man, this "flesh" and the world is expecting our imminent failure and even we admit that it is at hand, I say to you, look up. We still are in the king's position. We still have the upper hand and are in the place of great privilege.

The Lord wants us and you specifically to know something. He has provided a way for us to enjoy life and to live in grand abundance and peace in the midst of these hard and trying times.

In the midst of this world which is the enemy of God. He is your enemy and he is the enemy of all mankind; the adversary; the devil. He desires destruction in your life, but God has come as a victor over him on your behalf, having made a show of him openly.

John 14:27 KJV

Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

Why is it that we, as children of the Most High God, having been redeemed and made powerful through the blood of the Lord Jesus Christ, constantly deal and live with such restlessness? His word tells us that his peace has been given us in immeasurable

quantities. So why do we have such fears and apprehensions in our lives when he has instructed us not to be afraid?

C) Let not our hearts be troubled

John 14:1 KJV

Let not your heart be troubled: ye believe in God, believe also in me.

Sadly, Christians live in the place of constant negativity and oppression which has been birthed by fears and apprehensions. God has given us supernatural peace to overcome all issues and to be comforted in his care, but we have chosen natural over supernatural. To ignore such a blessing from God is reprehensible. This world knows nothing about peace. It knows only strife and we have embraced it.

We pose the question honestly. Why do we continue to live and to be affected by the standards of this world when he has given us his peace which transcends earthly boundaries and understanding. God's peace takes us to a level that is beyond comprehension. It is a new and higher level where peace and joy abound unto every good work in our lives daily.

D) Staying in bondage - Why We Do It

I believe that we stay in that place of bondage for two primary reasons. The first reason is because we have no deep desire, or longing to rise from the ashes of a particular bondage because we don't know that there is another option. We have been taught that it is our lot in life to live in misery, so we adapt. Live miserably because you are miserable. Religion plays a huge part as it heaps condemnation on it's people to keep them under their control. They use the fear of God and his impending wrath as gate keepers.

Secondly, we lack understanding because we have been poorly taught, or not taught at all. We're not correctly instructed in the loving and gentle nature of God who sincerely desires to give such peace to his children so their lives might not be hindered by the affairs and cares of this world. God has better uses for his children than to use them as pack mules. We see ourselves as mere humans, but God has called us sons and joint heirs.

His word gives us a better understanding of who we really are in

him, if we'll read it and get in a fellowship where the right message is taught.

1 Peter 5:6-7 KJV

*Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time:
Casting all your care upon him; for he careth for you.*

C) What God Calls Normal

Listen friends. The peace of God is supposed to be a *normal* condition and experience for you and me as children of God. Yet there are very few of God's people who are living and enjoying the peace of Christ as a daily part of there lives. His peace brings freedom. In this place, we are to be anxious for nothing. We need to see just a few of those scriptures that pinpoint what I'm saying. This way we will know exactly what he says and means.

Luke 12:29 KJV

And seek not ye what ye shall eat, or what ye shall drink, neither be ye of doubtful mind.

Matthew 6:25 KJV

Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

Luke 10:41 KJV

And Jesus answered and said unto her, Martha, Martha, thou art careful and troubled about many things:

How many of us are playing the role of Martha as we follow after Christ? It's so easy to do. Martha didn't possess the peace of God. She was troubled and angry because of the load she thought she had to carry, or was being forced to carry. Mary, sitting at the feet of the master was at perfect peace and Jesus knew it. Do you think Jesus knows whether or not you are at peace? I'll bet he does. Aren't you glad that his words are kind and inviting? He had wanted Martha to enjoy the same peace, but she would not. There were things to do! Now notice what the word of God tells us.

Philippians 4:6 KJV

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

I want to show you in scripture what anxiety will do in your life.

Luke 21:34 KJV

And take heed to yourselves, lest at any time your hearts be overcharged with surfeiting, and drunkenness, and cares of this life, and so that day come upon you unawares.

Mark 4:19 KJV

And the cares of this world, and the deceitfulness of riches, and the lusts of other things entering in, choke the word, and it becometh unfruitful.

Anxiety will choke out the word and make it unfruitful. Ouch! We've become so accustomed to responding and reacting in certain ways to the variety of situations and circumstances we're in, that if not careful it will cause us to behave and act just like the unbeliever does.

Worry brings confusion and when it is complete we are troubled and anxious. Instead of enjoying life in the fullest sense, in the abundance of joy and peace that Christ gives, we are overwhelmed and become angry at God, thinking he doesn't care about us. Actually, we don't care for ourselves. He has made a way of escape, but we've not chosen it for our lives. Make right choices.

In the upcoming newsletters, I'm going to show you how to identify specific areas in your life that need to be addressed if you're to enjoy the benefits that come when you lay all of your cares at the feet of Christ. These will include, but not limited to, habits, feelings reactions, busyness, type A personalities and many others.

I will be countering those responses and habits with the word of God so that you will see how his word is an answer for every problem in your life. God wants to direct and empower your lives in a positive way, so you will be effective for the kingdom of God. I'll show you by God's word how to take unpleasant circumstances and keep them from developing into stressful and anxious situations.

If you are not living in the peace of God, then your heart is surely troubled and anxious. These scriptures are just for you.

John 14:27 KJV

Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.

Isaiah 26:3 KJV

Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee. be afraid.

In closing, remember to *choose* peace over trouble and fear. If God doesn't rule, then your troubles will.

May God's peace envelope you always. Pastor DK Grooms

Teaching Series Special

Winning the Battle over Your Emotions - by Pastor D.K. Grooms

This series will enlighten you as to how to allow God's word to be your source. Many times we allow our emotions to control what we do and who we have become. Listening to these sermons will enable you to know God's solutions for overcoming the lies our emotions tell us. This series will reveal tools surely worth praising God for!

Complete Series
DVD. Item# 11
\$50.00 (9 DVD's)

Complete Series
CD. Item# 12
\$40.00 (9 CD's)

Radio Broadcast
CD. Item# 13
\$40.00 (25 /15 min)

Broadcast Schedules for Radio & Television

Television Schedule - Mediacom / Channel 19
Monday at 8:00pm & Thursday at 10:30pm

Radio Schedule - AFR 'WAXR' 88.1 FM
Monday through Friday - 12:00 noon to 12:15pm